

Interactive Developmental Assets Youth Workshop

1. Introduce yourself and get to know the youth. Tell stories about your work and something personal.
2. Youth complete DA Checklist from Search Institute. Found at http://smapp.rand.org/pubs/presentations/PT115/need-resource-assessment/story_content/external_files/40%20DA%20checklist%201st%20person.pdf
3. Reflection of their private scores – this is not about getting as many as possible. This is a tool to help set future goals.
4. Explain DA – opportunities and experiences that youth receive from their community. Until now they have been passive recipients of these assets...as young people they can now be more proactive.
 - define
 - explain external
 - explain internal
5. Explain and discuss Developmental Relationship: express care, challenge growth, share power, provide support, and expand possibilities.
6. Spider web activity - making a spider web with yarn by standing in a circles and throwing the ball of yarn from one person to another and then trying to support a few balls. The thicker our web, the less balls fall through. Assets are like the yarn. They are meant to support children and youth.
(using reference to DA)
7. Reflection of the activity - key messages:
 - all kids need assets
 - everyone can build assets
 - relationships are key
 - asset building is an ongoing process
8. DA activity, 4 stations - How can you influence asset building in: a community, a neighbourhood, at school, at home. The youth will rotate through each station, contributing their thoughts.
9. Reflection DA activity, discuss how they are going to be Asset Builders moving forward
10. Closing activity, making fashion buttons as a take away symbol of the developmental assets they will be trying to build in others

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